

NORFOLK SPECIAL EDUCATION  
PARENTS ADVISORY COUNCIL (SEPAC) PRESENTS

# **Augmentative and Alternative Communication (AAC) Devices**

An informational night with

**LINDA CULLEN**

MEd, MS, CCC-SLP

Join  
-us-

**MARCH 14**

**7:00 - 8:00 PM**

**FREEMAN KENNEDY LIBRARY**

# Topics for today

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- About me
- My role in Norfolk
- Talking about AAC
- Using AAC at home
- Parent Questions

**AAC**

**Not being able to  
speak is not the  
same as not having  
anything to say.**

Rosemary Crossley

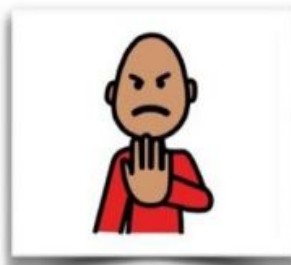
# My Communication Bill of Rights



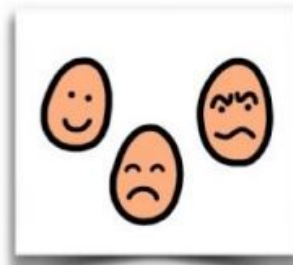
I have the right to my own friends and social life.



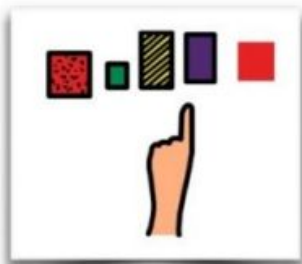
I have the right to ask for what and who I want and where to go.



I ALWAYS have the right to say, "no!"



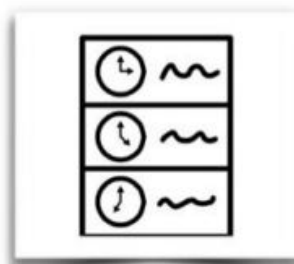
I have the right to say what I feel.



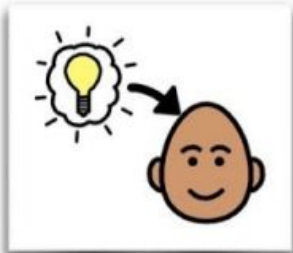
I have the right to make my own, real, choices.



I have the right to say what think.



I have the right to ask for, get and give information.



I have the right to know about the people in my life and everything happening to me.



I have the right to be taught to communicate and have what I need.



I have the right to have my communication system (and other tools), to have them working and to be with people who know how to set up, use and fix my communication system.



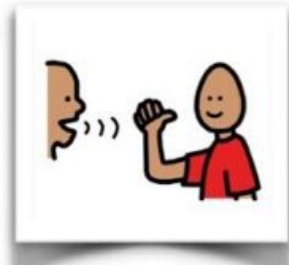
I have the right to be heard and answered, even if I can't have what I want.



I have the right to be part of my community



I have the right to be treated with respect.



I have the right to be talked to and not about.



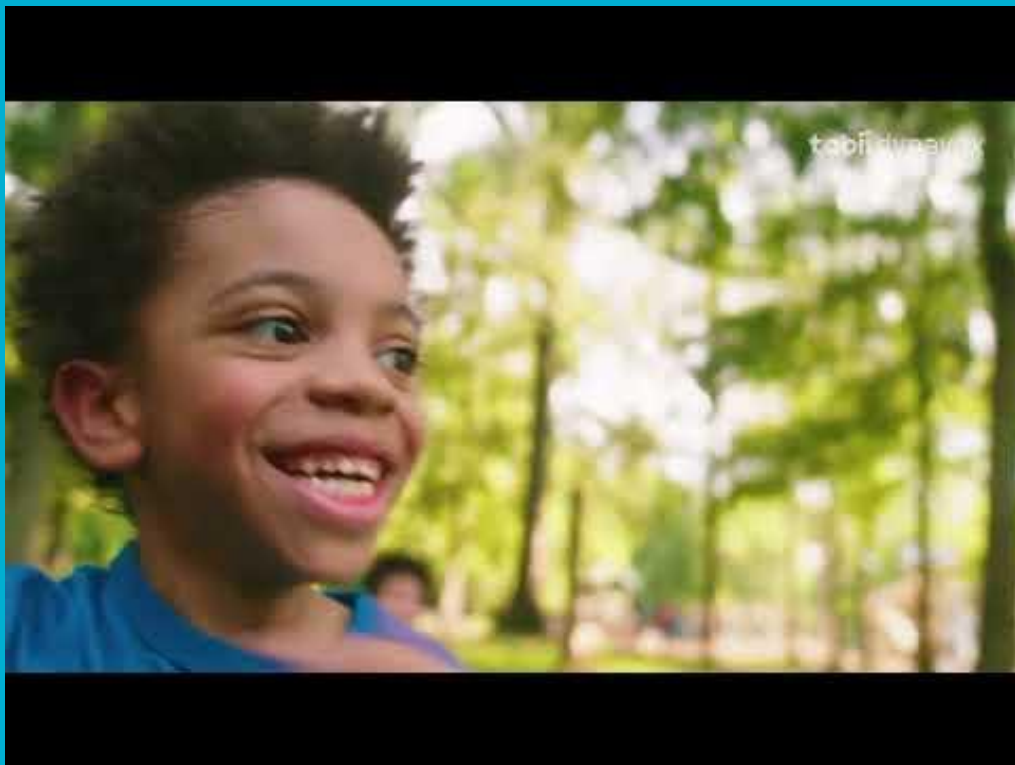
I have the right with be talked with in a way I understand.

# Parent Qs

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- Who owns the AAC device and is responsible for updates, backing up and tech bugs?
- Does the district work with a student's outside SLP to connect home and school?
- How is the size of the AAC device determined?
- Does the district leverage one specific app like TouchChat or ProLoquo?
- How is the students device mapped to match their skill set and the school's curriculum?

# Communication should be FUN!!





# THERE ARE SO MANY REASONS TO COMMUNICATE!

COMMENTING

ASKING FOR HELP

GREETING

ASKING QUESTIONS

SHARING INFORMATION

PROTESTING

EXPRESSING OPINIONS

JOKING

REQUESTING

SELF ADVOCACY

NEGOTIATING

EXPRESSING AFFECTION

GETTING ATTENTION

PRETENDING

TELLING STORIES

AND MANY MORE



# Talking about AAC

# Receptive Language INPUT

The ability to  
understand what  
is being said

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# Expressive Language OUTPUT

How the child  
communicates

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Many of our students struggle with  
Receptive **AND** Expressive Language





















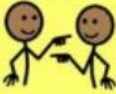






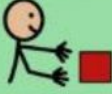


**Some of our students understand  
much more than they can express**

Visual  
supports can  
help!!

**Visual supports can be  
picture symbols,  
photographs, drawings,  
objects, or written words**



**Picture symbols are how we  
represent language for students  
who aren't reading yet**

<b>PEOPLE</b> 	<b>QUESTIONS</b> 	<b>PLACES</b> 	<b>SOCIAL</b> 	<b>TIME</b> 	<b>GROUPS</b> 	<b>ABC</b> <b>123</b>
<b>I</b>	<b>can</b>	<b>to</b>	<b>ACTIONS</b> 	<b>come</b> 	<b>good</b> 	<b>DESCRIBE</b> 
<b>my</b> 	<b>do</b>	<b>drink</b> 	<b>eat</b> 	<b>feel</b> 	<b>a</b>	<b>more</b> 
<b>it</b> 	<b>have</b>	<b>finish</b> 	<b>help</b> 	<b>go</b> 	<b>the</b>	<b>that</b> 
<b>you</b> 	<b>is</b>	<b>like</b> 	<b>listen</b> 	<b>play</b> 	<b>stop</b> 	<b>EXTRA</b> <i>And It The</i> <b>WORDS</b> <i>Up</i>
<b>your</b> 	<b>don't</b> 	<b>.</b>	<b>want</b> 	<b>watch</b> 	<b>work</b> 	<b>clear</b>



When eating?



What having?



Ready yet?



Can I have  
different food?



You hungry?



I am hungry



I am thirsty



Want to eat



I have allergies



I want different  
food



Sit with me



Ready to eat



Let's eat out



More please



Help me



Thanks!



Hits the spot



That is healthy



It is delicious



This is my favorite



Don't like it



Don't want  
anything



That is awful



That is not  
healthy



Yuck!



**If we want kids to use  
symbols to communicate, we  
need to use symbols to  
communicate with them**

“ The average 18-month-old has been exposed to 4,380 hours of oral language at a rate of 8 hours/day from birth. A child who has a communication system (AAC) and receives speech/language therapy 2 times/week for 20-30 minutes will reach the same amount of language exposure (in their AAC language) in 84 years.

**Jane Korsten, SLP**

**Feature Matching is  
the process SLPs use  
to support AAC  
recommendations**

# AAC at home



**Helping your child be the best  
communicator they can be!!**

**YOU are the EXPERT!**  
**YOU know your child BEST!!**

# Getting started with AAC at home

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- What is your favorite or most relaxed time of day at home with your child?
- Are there certain routines you do everyday at home? Does your child have a way to participate?
- What is the most challenging time of day?
- What fun activities does your child like to do with family members?

**Be a good communication partner**

# Want to Be a Good Communication Partner for Your AAC Learner?

Do these things!

- Talk to and with them using their AAC
- Respond to any attempt by your learner to communicate (i.e., any initiation)
- Respect and respond to all forms of communication
- Be willing to put their communication first (i.e., recognize it as more important than the activity and what you have to say)
- Give them plenty of time to communicate. It might feel awkward in the beginning. Get comfortable not immediately filling the silence.



# Modeling Without Expectation



Modeling Without Expectation

It is **OKAY** to model  
with symbols or a  
device **WITHOUT**  
expecting a response!!





# Why we need to embrace **CORE VOCABULARY**

**CORE VOCABULARY** is a small set of common words that represent roughly 80% of what we say. Fringe vocabulary is everything else.

# Examples of core words

---

like

do

not

stop

want

help

Go

see

I

in

you

out

You can model **CORE**  
**VOCABULARY** in ANY  
SITUATION!!

**Core words are harder to represent using picture symbols because they are abstract concepts. That means LOTS of modeling is needed.**

**FRINGE VOCABULARY** is  
easier to represent using  
photos or picture symbols

# Fringe words are context specific

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## PROPER NOUNS

- People names
- Pet names
- Restaurants
- Town/City
- School name

## CATEGORY WORDS

- Food
- Colors
- Animals
- Art supplies
- Body parts

**Fringe words** are easier to learn. **Core words** are harder to learn, but the long term benefits are worth it!!



# Tips for **Modeling** and being a great **Communication Partner**

AAC is a means for connection, not an activity unto itself. There has to be a real reason to interact. Make sure you're doing something worth talking about (from your learner's perspective).



Follow their lead! Do and talk about things they are interested in! Notice what they are communicating using other strategies (e.g., gestures, facial expressions, body language). Model language that reflects that communication.



Don't make assumptions about what your learner wants to say. Model 2-3 options on the AAC that relate to the moment. Use phrases like "maybe you're thinking," "perhaps," or "I wonder if you" to emphasize that you don't really know!

Hmm...  
I wonder  
if you...



Model "within their zone." For many learners, modeling 1-2 words above their current independent level can help show them next-level skills and accommodate attention.

**Independent Skill**

1 word messages  
Requesting  
Nouns  
Unconjugated verbs



**Skill to Model**

2-3 word messages  
Commenting  
Verbs  
Regular past tense (-ed)



Talk about your process while you use AAC. Don't be afraid to make "mistakes." Give your learner insight into how you problem solve!

"I'm looking for my word...I think it's in descriptions."

"I'm going to clear the message bar to get rid of my old words."

"Oops, that was a mistake. Delete word!"

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# Attributing Meaning





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Rosemary Crossley